

LAMC Peace Journey 2009

Suggestions for Prayer (Nurturing Peace Inwardly)



- Pray for our government and its leaders
- Pray for those whom you find difficult to love
- Pray for your/our “enemies”
- Incorporate well-known prayers such as the “Prayer of St. Francis,” the “Serenity Prayer,” and “The Lord’s Prayer”
- Compose your own prayer and use it regularly (could be a personal paraphrase of the Lord’s Prayer)
- Pray or sing selections from our hymnals (e.g. HWB 346-382 and SJ 46-59)
- Pray through the Psalms
- Spend some time simply “listening” for God
- Pray for our church and its mission
- Pray in response to items in the daily paper, or other news periodicals
- Pray “around the globe,” selecting different continents or countries each time
- Pray for those requests listed in our weekly worship bulletin

LAMC Peace Journey 2009

Suggestions for Scripture Reading (Nurturing Peace Inwardly)

Use the on-line study, “The Bible Teaches Peace,” by Ted Grimsrud

(<http://peace.mennolink.org/resources/binserts/index.html>)

Read and ponder the following:

Genesis 13:1-11	Psalm 20	Isaiah 2:2-4
Genesis 32:33	Psalm 33	Isaiah 9:1-7
Genesis 45	Psalm 34	Isaiah 11:1-9
Exodus 14:1-25	Psalm 44	Isaiah 32:1-20
Leviticus 25	Psalm 46	Isaiah 52:7-10
Deuteronomy 15	Psalm 68	Isaiah 55:1-13
Joshua 24:1-15	Psalm 72	Ezekiel 34:20-31
1 Samuel 2:1-10	Psalm 85	Ezekiel 37:24-28
1 Samuel 20	Psalm 120	Hosea 2:16-23
1 Samuel 25:2-42	Psalm 122	Micah 4:1-5
Psalm 11	Proverbs 3:13-18	Micah 6:6-8
Psalm 17	Ecclesiastes 9:13-18	Zechariah 8:9-17

Matthew 5-7
Luke 1:46-56
Luke 6:20-45
Luke 19:41-44
John 18:1-38

Romans 12
Romans 14:13-23
2 Corinthians 10:1-6
Ephesians 2:11-22
Ephesians 6:10-20

Philippians 4:1-9
1 Thessalonians 5:12-28
Hebrews 12:14-29
The Letter of James
1 Peter 3:8-12